

# Antibacterial, anticandidal and antioxidant properties of *Tanacetum argenteum* (Lam.) Willd. subsp. *flabellifolium* (Boiss. & Heldr.) grierson

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**Abstract:** In the present study hydrodistilled essential oil and total methanol extracts of *Tanacetum argenteum* subsp. *flabellifolium* have been evaluated for their antimicrobial and antioxidant effects. The chemical composition of the oil and the crude extract were determined by GC/FID, GC/MS and LC/DAD/ESI-MS systems respectively.  $\beta$ -thujone (47.1%),  $\alpha$ -pinene (19.1%) and  $\alpha$ -thujone (10.5%) were the main compounds of the essential oil while the 5-*O*-caffeoylquinic acid, 1,5-*O*-dicaffeoylquinic acid, 4,5-*O*-dicaffeoylquinic acid were identified as flavonoid content of the crude extract. The oil and the methanol extract were demonstrated moderate antimicrobial effects (MIC range; 0,062-2,0 mg/mL) against 21 different pathogenic micro organism. Total phenolic content was determined as 63 mg GAE in g extract and the DPPH radical scavenging effect was determined as 0.16 mg/mL (IC<sub>50</sub>) and TEAC was determined as 0.21mMol.

**Keywords:** *Tanacetum argenteum* subsp. *flabellifolium*, essential oil, methanol extract, antimicrobial, antioxidant, GC-FID, GC/MS, LC-MS/MS.

## INTRODUCTION

*Tanacetum* L., the third biggest genus of Asteraceae (Compositae)-Anthemideae, is represented with about 160 species all over the world 46 of them are found in Turkey. (Sonboli *et al.*, 2012, Güner, 2012). There are three subspecies of *T. argenteum* (Lam.) Willd. in Turkey: *argenteum*, *flabellifolium* (Boiss. & Heldr.) Grierson and *canum* (C. Koch) Grierson (Gören *et al.*, 2001). *Tanacetum* species are rich in phenolics, pyrethrins, bitter substances, essential oils, and sesquiterpene lactones and they are widely used in folk medicine for their antihistaminic, anti-inflammatory and insecticidal effects (Baser *et al.*, 2001, Marongiu *et al.*, 2009, Baranauskienė *et al.*, 2014.). Well-known Feverfew (*T. parthenium*) is a species that is widely used against migraine due to the presence of the sesquiterpene lactones and flavonoids (Chaves *et al.*, 2009). Antimicrobial drug searching derived from plant origin has undergone great development in recent years. Generally, plants produce secondary metabolites for defense against microorganisms, insects, etc. Apart from flavor and fragrance properties, essential oils can be used in the agriculture, food, cosmetic and pharmaceutical industries for their antibacterial, antifungal and antioxidant properties (Cowan, 1999). The herbal infusion of *Tanacetum argenteum* is used for pain reliever in Anatolian folk medicine for its analgesic properties (Akan *et al.*, 2013). In the current study the chemical composition of *T. argenteum* subsp. *flabellifolium* have

been determined by chromato-spectrometric methods. Furthermore, hydro distilled essential oil and methanol extract of the flowering aerial parts were evaluated for their biological activity.

## MATERIALS AND METHODS

### *Plant material*

Plant samples collected from Turkey, İçel, Anamur-Ermenek road, Suolmaz pass, 36°16'32"N 32°54'54"E, 1650 m, 19 VI 2014. ESSE No: 14798.

### *Isolation of essential oil*

The essential oil was isolated by hydro distillation for 3 h from air-dried aerial parts of *T. argenteum* subsp. *flabellifolium*. Hydro distillation was performed by using a Clevenger-type apparatus according to the method recommended in the European Pharmacopoeia (2010). A small amount of essential oil trapped in *n*-hexane was collected for oil analysis.

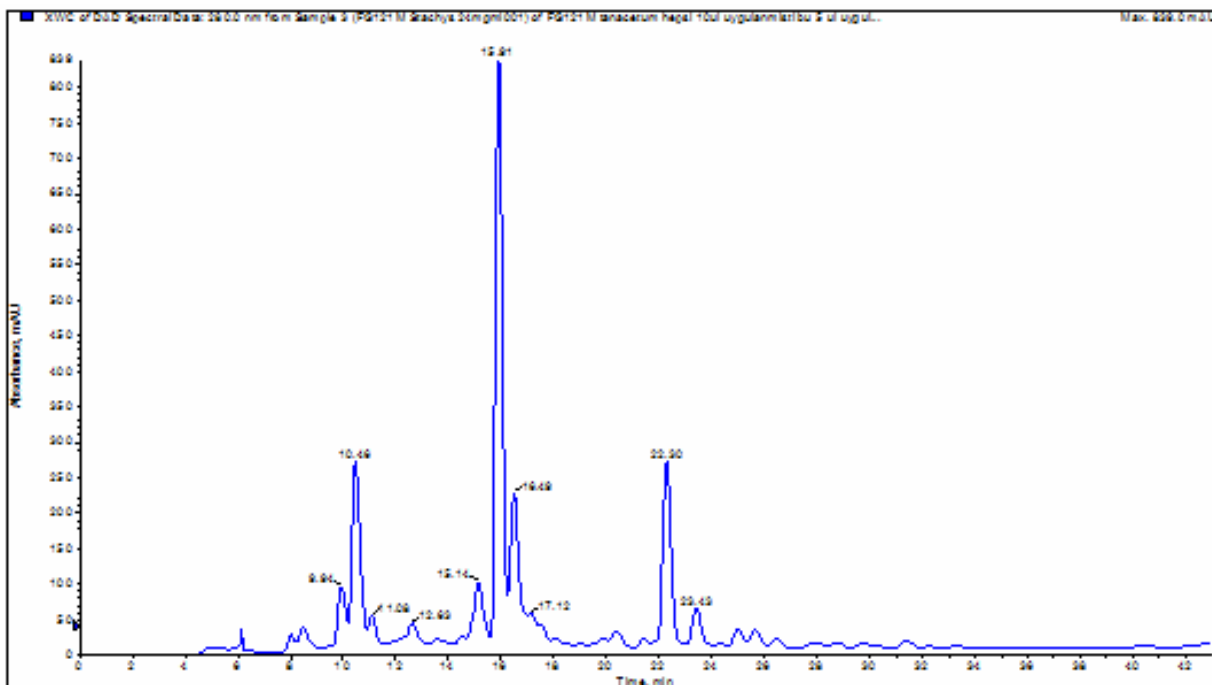
### *MeOH extraction*

Powdered dried herbal parts of *T. argenteum* subsp. *flabellifolium* were macerated with methanol 70% at 25 °C for 24h. After evaporation of the methanol part, the aqueous part freeze-dried and the dry extract was used for in all experiments.

### *GC-MS and GC analysis*

GC and GC-MS analysis were performed according to our previously published work (Ali *et al.*, 2015). The analysis results are given in table 1.

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**Fig. 1:** *T. argenteum* LC chromatogram at 280 nm.

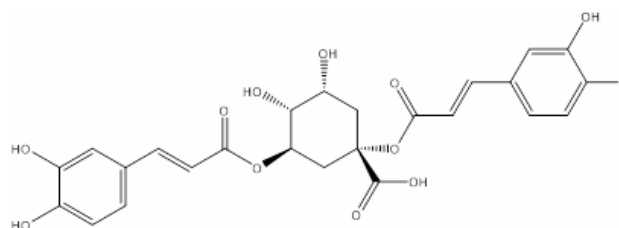
Determination of the essential oil constituents were accomplished by comparison of relative retention times with authentic samples or relative retention index (RRI) to series of *n*-alkanes. Additionally computer matching was used against commercial libraries (Wiley GC/MS Library, Mass Finder 3 Library) (Mc Lafferty and Stauffer, 1989; Koenig, 2004) and in-house “Başer Library of Essential Oil Constituents” built up by genuine compounds and components of known oils and several literature MS data (Joulain and Koenig, 1998; ESO 2000, 1999).

#### Antimicrobial susceptibility tests

Antibacterial and anticandidal effects of the essential oil and crude methanolic extract of *T. argenteum* subsp. *flabellifolium* were screened by using partly modified CLSI (formerly NCCLS) microdilution broth methods M7-A7 (Methods for Dilution Antimicrobial Susceptibility Tests for Bacteria That Grow Aerobically) and M27-A2 (Reference Method for Broth Dilution Antifungal Susceptibility Testing of Yeasts) respectively (CLSI (NCCLS) M7-A7, 2006; CLSI (NCCLS) M27-A2, 2002).

For checking purity and viability *Candida* and bacterial strains were inoculated from the -85°C onto potato dextrose agar (Fluka) and Mueller Hinton agar (Fluka) respectively. All microdilution broth tests were performed by using sterile 96 U-shaped multiwell microdilution plates (L.P. Italiana) in laminar flow cabinet. The MIC data from anticandidal tests was obtained after 24h. Furthermore in M27-A2 method, *C. parapsilosis* (ATCC® 22019) and *C. krusei* (ATCC® 6258) were used

as control microorganisms. To precision and accuracy of the susceptibility tests procedure, the MIC results of the standard antimicrobial agents against QC strains were checked from the CLSI-MIC limits tables. Ampicillin and chloramphenicol were used as antibacterial agents where the Amphotericin-B and Ketoconazole were used as antifungal.



**Fig. 2:** 1,5-Dicafeoylquinic acid (cynarine), the main compound of the MeOH extract.

#### Antioxidant activity (total phenolics)

Total phenols were estimated as Gallic acid equivalents (GAE), expressed as mg Gallic acid/g extract. (Singleton, 1999)

#### TEAC assay (trolox equivalent antioxidant capacity)

This assay was performed according to previously described literature (Papandreou *et al.*, 2006).

#### Diphenyl-2-picrylhydrazyl (DPPH) radical scavenging activity

A microplate microdilution method, previously described Kumarasamy and colleagues, was used for the determination of radical scavenging activity (Kumarasamy *et al.*, 2007).

**Table 1:** The composition of the essential oil of *T. argenteum* subsp. *Flabellifolium*

RRI	Compound	%	Identification method
1032	$\alpha$ -Pinene	19.1	$t_R$ , MS
1035	$\alpha$ -Thujene	1.0	MS
1118	$\beta$ -Pinene	0.5	$t_R$ , MS
1132	Sabinene	2.0	$t_R$ , MS
1213	1,8-Cineole	0.3	$t_R$ , MS
1255	$\gamma$ -Terpinene	0.3	$t_R$ , MS
1280	<i>p</i> -Cymene	0.2	$t_R$ , MS
1285	Isoamyl isovalerate	0.2	MS
1437	$\alpha$ -Thujone	10.5	MS
1451	$\beta$ -Thujone	47.1	MS
1474	<i>trans</i> -Sabinene hydrate	0.3	MS
1586	Pinocarvone	2.2	$t_R$ , MS
1611	Terpinen-4-ol	0.7	$t_R$ , MS
1612	$\beta$ -Caryophyllene	0.9	$t_R$ , MS
1658	Sabinyl acetate	2.1	MS
1670	<i>trans</i> -Pinocarveol	2.1	$t_R$ , MS
1683	<i>trans</i> -Verbenol	0.9	$t_R$ , MS
1687	$\alpha$ -Humulene	0.2	$t_R$ , MS
1704	Myrtenyl acetate	0.2	MS
1706	$\alpha$ -Terpineol	0.2	$t_R$ , MS
1720	<i>trans</i> -Sabinol	1.5	MS
1804	Myrtenol	0.2	MS
1845	<i>trans</i> -Carveol	0.1	$t_R$ , MS
1866	Methyl hydrocinnamate	0.2	MS
1969	<i>cis</i> -Jasmone	0.3	MS
2008	Caryophyllene oxide	1.4	$t_R$ , MS
2071	Humulene epoxide-II	0.4	MS
2324	Caryophylla-2(12),6(13)-dien-5 $\alpha$ -ol (=Caryophylladienol II)	0.3	MS
	<b>Total</b>	<b>95.4</b>	

RRI Relative retention indices calculated against *n*-alkanes % calculated from FID data, Identification method:  $t_R$ , identification based on the retention times ( $t_R$ ) of genuine compounds on the HP Innowax column; MS, identified on the basis of computer matching of the mass spectra with those of the Wiley and MassFinder libraries and comparison with literature data.

**Table 2:** Compounds determined with LC-MS/MS

No	Compound	Rt	(M-H)	Fragments	Refence
1	Quinic acid	5.8	191	85(100)	(Clifford <i>et al.</i> , 2005)
2	5-Caffeoylquinic acid	10.5	353	353(16), 191(100)	(Clifford <i>et al.</i> , 2003)
3	1,5- <i>O</i> -Dicafeoylquinic acid	15.9	515	515(23), 191(100), 335(5)	(Clifford <i>et al.</i> , 2005)
4	4,5- <i>O</i> -Dicafeoylquinic acid	16.5	515	161(9), 179(12), 353(35), 135 (18)	(Clifford <i>et al.</i> , 2005)
5	Nepetin	22.3	315	515(17), 191(39), 173(100), 353(17)	(Baranauskienė <i>et al.</i> , 2014)
6	Axillarin	23.5	345	300(100), MS <sup>2</sup> 201(80), 133 (100)	(Baranauskienė <i>et al.</i> , 2014)
7	Apigenin	24.8	269	330(100), 315(39)	(Baranauskienė <i>et al.</i> , 2014)

### Phenolic compound determination

Experiments were performed with a Shimadzu 20A HPLC system coupled to an Applied Biosystems 3200 Q-Trap LC- MS/MS instrument equipped with an ESI ion source was used in the negative ionization mode. Separations were performed on an ODS 150 x 4,6 mm, i.d., 3 $\mu$ m particle sizes, octadecyl silica gel analytical column operating at 40°C at a flow rate of 0.3 ml/min. The mobile phase was used Methanol: Water: Formic acid (10:89:1) (solvent A) and Methanol: Water: Formic acid

(89:10:1) (solvent B). The composition of B was increased from 15% to 40% in 15min, increased to 45% in 3 min and held for 12 min, and increased to 75% in 5 min; then the composition of B was increased to 100% in 10 min. (fig. 1).

### RESULTS

The essential oil components of *T. argenteum* subsp. *flabellifolium* were given in table 1 with their relative

**Table 3:** Antibacterial results of *T. argenteum* subsp. *flabellifolium* Essential oil and Methanolic extract ( $\mu\text{g/mL}$ , MIC)

Strains		EO	ME	St1	St2
Gram (-)					
<i>Pseudomonas aeruginosa</i>	ATCC 27853	1000	500	64	8
<i>Enterobacter aerogenes</i>	NRRL 3567	1000	500	32	2
<i>Proteus vulgaris</i>	NRRL B-123	125	250	1	4
<i>Salmonella typhimurium</i>	ATCC 14028	500	2000	1	1
<i>Escherichia coli</i>	ATCC 8739	2000	500	2	1
<i>E. coli</i> O157:H7	RSSK 234	500	1000	2	1
<i>Serratia marcescens</i>	NRRL B-2544	500	500	32	4
Gram (+)					
<i>Bacillus cereus</i>	NRRL B-3711	125	125	2	1
<i>Bacillus subtilis</i>	NRRL B-4378	250	250	1	1
<i>Staphylococcus aureus</i>	ATCC 43300	125	250	1	8
<i>Listeria monocytogenes</i>	ATCC 19111	500	500	1	4
<i>Staphylococcus epidermidis</i>	ATCC 14990	1000	500	1	2

EO: Essential oil, ME: Methanolic extract, St1: Ampicilline, St2: Chloramphenicol, RSSK: Refik Saydam National Type Culture Collection

**Table 4:** Anticandidal results of *T. argenteum* subsp. *flabellifolium* Essential oil and Methanolic extract ( $\mu\text{g/mL}$ , MIC)

Strains		EO	ME	St1	St2
<i>Candida albicans</i> <sup>1</sup>	ATCC 10231	500	250	0.5	0.5
<i>Candida albicans</i> <sup>2</sup>	ATCC® 24433	1000	500	0.5	1
<i>Candida parapsilosis</i> <sup>1</sup>	NRRL Y- 12696	250	62	32	16
<i>Candida parapsilosis</i> <sup>2</sup>	ATCC 22019	2000	250	0.5	0.5
<i>Candida utilis</i>	NRRL Y-900	1000	62	0.5	0.5
<i>Candida zeylanoides</i>	NRRL Y-1774	250	62	8	4
<i>Candida krusei</i> <sup>1</sup>	NRRL Y-7179	1000	31	0.5	0.5
<i>Candida krusei</i> <sup>2</sup>	ATCC 6258	1000	62	1	0.5
<i>Candida glabrata</i> <sup>1</sup>	ATCC 2001	2000	125	0.5	0.5
<i>Candida glabrata</i> <sup>2</sup>	ATCC 66032	2000	1000	2	0.5
<i>Candida tropicalis</i> <sup>1</sup>	ATCC 1369	2000	500	0.5	0.5
<i>Candida tropicalis</i> <sup>2</sup>	ATCC 750	500	250	1	0.5

EO: Essential oil, ME: Methanolic extract, St1: Amphotericin-B, St2: Ketoconazole

percentages. 28 compounds, representing 95.4% of the oil, were identified, with  $\beta$ -thujone (47.1%),  $\alpha$ -pinene (19.1%) and  $\alpha$ -thujone (10.5%) as the main constituents. Previous investigation reported that essential oil composition of *T. argenteum* subsp. *flabellifolium* with different main components. According to this report  $\alpha$ -pinene (29.1%), (*E*)-sesquilandulol (15.9%) and camphor (14.0%) were found as main constituents (Tabanca *et al.*, 2007).

The essential oil and the crude methanolic extract of *T. argenteum* subsp. *flabellifolium* were screened for their antimicrobial activities by using micro dilution methods against 24 pathogenic bacteria and *Candida* species. The essential oil demonstrated weak to moderate effects against both *Candida* and Bacteria panel having MIC values between 125 to 2000mg/mL. Methanol extract remarkably showed strong inhibition effects against *Candida* species, especially *C. krusei* (NRRL Y-7179 and

ATCC 6258), *C. parapsilosis* (NRRL Y- 12696), *C. utilis* and *C. zeylanoides* at the concentrations of 31 and 62 mg/mL (table 3).

According to LC-MS/MS analysis, (table 2) MeOH extract was found as rich for caffeoylquinic acids derivatives, which were determined using the fragmentation behavior, previously described Clifford and his colleagues (Clifford *et al.*, 2003, Clifford *et al.*, 2005). 1, 5-Dicafeoylquinic acid, known as cynarine, was determined as main compound (fig. 2). Other compounds were determined using the literature data previously reported about *Tanacetum vulgare* phenolics by Baranauskienė and colleagues (Baranauskienė *et al.*, 2014).

Antioxidant activity of the extract showed low activity due to the low phenolic content value, which was found  $63 \pm 2$  mgGAE in g extract. Extract was found ten times

weaker than the positive control Gallic acid: DPPH  $IC_{50}=0.16\pm 0.02$  mg/ml while it was determined 0.02 mg/ml for positive control gallic acid, TEAC =0.21 mMol TEAC while it is determined 2.47 for positive control Gallic acid. It is not possible to determine any antioxidant activity for essential oil.

## DISCUSSION

The essential oils isolated from *Tanacetum* species have variable chemical constituents. Chemovariation is a well-known situation for *Tanacetum* species (Kumar & Tyagi, 2013). These results allow the assignments the present species is thujone chemotype. Essential oils including thujone are being used in traditional medicine for the abortifacient, female hormone activity, emmenagogue, and anthelmintic (Siveen & Kuttan, 2011).

Anticandidal activity is probably due to lipophilic flavonoids and terpenoids that may also disrupt microbial membranes. The bioactivity results showed a promising anticandidal activity of Methanolic extract of the *T. argenteum* subsp. *flabellifolium* (table 4).

Previously reported data about antimicrobial investigation of *T. argenteum* subsp. *Argenteum* essential oil (Polatoglu et al., 2010) confirmed some of our results that *Bacillus cereus* and *Bacillus subtilis* showed Inhibition at concentration 125 µg/mL (table 4). Tabanca and colleagues showed minimum inhibitory concentration of the essential oil four times more effective against *Candida albicans* than our results. It could be explained by essential oil composition. Tabanca and colleagues identified the main compound as  $\alpha$ -Pinene (Tabanca et al., 2007) while it was found as  $\beta$ -Thujone in our presented study.

In consequence of this finding, as far as we know, the antimicrobial and antioxidant activity were determined the first time for *T. argenteum* subsp. *flabellifolium* extract, especially against *Candida* species. We determined that it has low antioxidant activity but strong antifungal activity. In further studies active fractions of the extracts can be determined and more active components can be obtain against to other *Candida*, *Cryptococcus* and *Aspergillus* species for using as an alternative treatment.

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